

**Bachelor of Nursing with Honours in General Health Care**  
**Bachelor of Nursing with Honours in Mental Health Care**

**NURS N103 F      Fundamental Nursing Practice ( 2023/2024 )**

**Timetable (Autumn Term)**

**Class B (L02)**

**Course Coordinator:** Irene Wong

**Time:** Mon: 1400-1600 & Tue: 0900-1100

**Venue:** COG01, F0401 in HKMU

**Tutorial Group:** T07-T11, T14-T17

**Class B (T07-T11, T14-T17)**

<b>Wk</b>	<b>Date/Time</b>	<b>Topic</b>	<b>Lecturer</b>	<b>Venue</b>	<b>Remarks</b>
<b>1</b>	<b>4/9 (Mon) 1400-1600</b>	Professional Nursing / Health Care Environment	Amy	<b>COG01</b>	
<b>1</b>	<b>5/9 (Tue) 0900-1100</b>	Principles of Bed making	Amy	<b>F0401</b>	
<b>2</b>	<b>11/9 (Mon) 1400-1600</b>	Principle of Recording and Reporting  Vital Signs (1)	Amy	<b>COG01</b>	

2	12/9 (Tue) 0900-1100	Vital Signs (1)	Amy	F0401	
3	18/9 (Mon) 1400-1600	Vital Signs (2)	Amy	C0G01	
3	19/9 (Tue) 0900-1100	Vital Signs (2)	Amy	F0401	
4	25/9 (Mon) 1400-1600	Nutritional Management (1)	Claudia	C0G01	
4	26/9 (Tue) 0900-1100	Nutritional Management (1)	Claudia	F0401	
5	2/10 (Mon)				PH
5	3/10 (Tue) 0900-1100	Nutritional Management (2)	Claudia	F0401	
5	7/10 (Sat)  (1000-1200) TBE	Nutritional Management (2)	Claudia	TBC	Make up Class
6	9/10 (Mon) 1400-1600	Respiratory Care (1)	Irene	C0G01	
6	10/10 (Tue) 0900-1100	Respiratory Care (1)	Irene	F0401	
7	16/10 (Mon) 1400-1600	Respiratory Care (2)	Irene	C0G01	
7	17/10 (Tue) 0900-1100	Respiratory Care (2)	Irene	F0401	

8	23/10 (Mon)				PH
8	24/10 (Tue) 0900-1100	Specimen collection, POCT	Claudia	F0401	
8	28/10 (Sat)  (1000-1200) TBE	Specimen collection, POCT	Claudia	TBC	Make up Class
9	30/10 (Mon) 1400-1600	Body Mechanics & Positioning	Claudia	COG01	
9	31/10 (Tue) 0900-1100	Body Mechanics & Positioning	Claudia	F0401	
10	6/11 (Mon) 1400-1600	<b>POCT Assessment</b>  Briefing PEI, Test	Irene	COG01	<b>Written assessment (POCT), Time: 14:15 -14:45, Class continue after assessment</b>
10	7/11 (Tue) 0900-1100	Consolidation	Amy	F0401	
11	13/11 (Mon) 1400-1600	<b>Test (14:15-15:15)</b>	ALL	COG01 + TBC	<b>Enter test venue at 14:00</b>
11	14/11 (Tue) 0900-1100	Comfort and Personal Hygiene	Amy	F0401	
12	20/11 (Mon) 1400-1600	Hot/Cold Therapy / Comfort and Personal Hygiene	Amy	COG01	
12	21/11 (Tue) 0900-1100	Hot/Cold Therapy	Irene	F0401	

<b>13</b>	<b>27/11 (Mon) 1400-1600</b>	Rest & sleep	Irene	<b>COG01</b>	
<b>13</b>	<b>28/11 (Tue) 0900-1100</b>	Rest & sleep	Irene	<b>F0401</b>	

**\*: Teacher responsible to play the broadcasting and handle attendance issue**

Demonstration in <span style="background-color: #90EE90;">Green</span> , Supervised Practice Session (SPS) in <span style="background-color: #DDA0DD;">Violet</span>																					
wk	Date	Topics	Venue	Tuesday				Wednesday				Thursday				Friday					
				0900 -1100	1100-1300	1400-1600	1600-1800	0900 -1100	1100-1300	1400-1600	1600-1800	0900 -1100	1100-1300	1400-1600	1600-1800	0900-1100	1100-1300	1400-1600	1600-1800		
1	5-7/9	Orientation to lab environment Introduction to bed unit Bed making	F0703							<span style="background-color: #90EE90;">T16(KS)</span>											
			F0705					<span style="background-color: #90EE90;">T15(CL)</span>	<span style="background-color: #90EE90;">T17(CL)</span>			<span style="background-color: #DDA0DD;">T14(LYS)</span>	<span style="background-color: #DDA0DD;">T17(LYS)</span>								
			F0706					<span style="background-color: #90EE90;">T14(LSP)</span>	<span style="background-color: #90EE90;">T09(LSP)</span>	<span style="background-color: #DDA0DD;">T07(DH)</span>	<span style="background-color: #DDA0DD;">T10(DH)</span>										
			F0718			<span style="background-color: #90EE90;">T07(KS)</span>	<span style="background-color: #90EE90;">T10(KS)</span>					<span style="background-color: #DDA0DD;">T08(LS)</span>	<span style="background-color: #DDA0DD;">T11(LS)</span>	<span style="background-color: #DDA0DD;">T15(LS)</span>							
			F0719			<span style="background-color: #90EE90;">T08(CL)</span>	<span style="background-color: #90EE90;">T11(LSP)</span>					<span style="background-color: #DDA0DD;">T09(LYS)</span>									
2	12-14/9	Vital signs monitoring (1)	F0703							<span style="background-color: #90EE90;">T16(DH)</span>											
			F0705					<span style="background-color: #90EE90;">T15(LS)</span>	<span style="background-color: #90EE90;">T17(LS)</span>			<span style="background-color: #DDA0DD;">T14(LSP)</span>	<span style="background-color: #DDA0DD;">T17(LSP)</span>								
			F0706					<span style="background-color: #90EE90;">T14(LYS)</span>	<span style="background-color: #90EE90;">T09(LYS)</span>	<span style="background-color: #DDA0DD;">T07(AS)</span>	<span style="background-color: #DDA0DD;">T10(AS)</span>										
			F0718			<span style="background-color: #90EE90;">T07(DH)</span>	<span style="background-color: #90EE90;">T10(DH)</span>					<span style="background-color: #DDA0DD;">T08(CL)</span>	<span style="background-color: #DDA0DD;">T11(CL)</span>	<span style="background-color: #DDA0DD;">T15(CL)</span>							
			F0719			<span style="background-color: #90EE90;">T08(LS)</span>	<span style="background-color: #90EE90;">T11(LYS)</span>					<span style="background-color: #DDA0DD;">T09(LSP)</span>									
3	19-21/9	Vital signs monitoring (2)	F0703							<span style="background-color: #90EE90;">T16(AS)</span>											
			F0705					<span style="background-color: #90EE90;">T15(CL)</span>	<span style="background-color: #90EE90;">T17(CL)</span>			<span style="background-color: #DDA0DD;">T14(LYS)</span>	<span style="background-color: #DDA0DD;">T17(LYS)</span>								
			F0706					<span style="background-color: #90EE90;">T14(LSP)</span>	<span style="background-color: #90EE90;">T09(LSP)</span>	<span style="background-color: #DDA0DD;">T07(DH)</span>	<span style="background-color: #DDA0DD;">T10(DH)</span>										
			F0718			<span style="background-color: #90EE90;">T07(AS)</span>	<span style="background-color: #90EE90;">T10(AS)</span>					<span style="background-color: #DDA0DD;">T08(LS)</span>	<span style="background-color: #DDA0DD;">T11(LS)</span>	<span style="background-color: #DDA0DD;">T15(LS)</span>							
			F0719			<span style="background-color: #90EE90;">T08(CL)</span>	<span style="background-color: #90EE90;">T11(LSP)</span>					<span style="background-color: #DDA0DD;">T09(LYS)</span>									
4	26-28/9	NG tube insertion	F0703							<span style="background-color: #90EE90;">T16(DH)</span>											
			F0705					<span style="background-color: #90EE90;">T15(LS)</span>	<span style="background-color: #90EE90;">T17(LS)</span>			<span style="background-color: #DDA0DD;">T14(MY)</span>	<span style="background-color: #DDA0DD;">T17(MY)</span>								
			F0706					<span style="background-color: #90EE90;">T14(LYS)</span>	<span style="background-color: #90EE90;">T09(LYS)</span>	<span style="background-color: #DDA0DD;">T07(AS)</span>	<span style="background-color: #DDA0DD;">T10(AS)</span>										

			F0718			T07(DH)	T10(DH)			T08(CL)	T11(CL)	T15(CL)								
			F0719			T08(LS)	T11(LYS)			T09(MY)										
5	3- 5/10	NG tube feeding & aspiration Removal of NG Tube Feeding pump and equipment	F0703						T16(AS)										T16(DH)	
			F0705					T15(CL)	T17(CL)				T14(LYS)						T17(LYS)	
			F0706					T14(MY)	T09(MY)		T07(DH)	T10(DH)								
			F0718					T07(AS)	T10(AS)				T08(LS)	T11(LS)	T15(LS)					
			F0719					T08(CL)	T11(MY)				T09(LYS)							
6	10- 12/10	Breathing & coughing exercise PFR/ Use of MDI	F0703						T16(DH)										T16(AS)	
			F0705					T15(LS)	T17(LS)				T14(MY)						T17(MY)	
			F0706					T14(LYS)	T09(LYS)		T07(AS)	T10(AS)								
			F0718					T07(DH)	T10(DH)				T08(CL)	T11(CL)	T15(CL)					
			F0719					T08(LS)	T11(LYS)				T09(MY)							
7	17- 19/10	O2 delivery Devices /Airways	F0703						T16(AL)										T16(IW)	
			F0705					T15(RC)	T17(RC)				T14(GC)						T17(GC)	
			F0706					T14(CC)	T09(CC)		T07(IW)	T10(IW)								
			F0718					T07(AL)	T10(AL)				T08(CCK)	T11(CCK)	T15(CCK)					
			F0719					T08(RC)	T11(CC)				T09(GC)							
8	24- 26/10	Specimen collection POCT Revision	F0703						T16(IW)											
			F0705					T15(CCK)	T17(CCK)											
			F0706					T14(GC)	T09(GC)											
			F0718					T07(IW)	T10(IW)											
			F0719					T08(CCK)	T11(NL8)											
9	31/10- 2/11	Common positions in bed Patient transfer Use of safety vest & Limb holders	F0703						T16(AL)										T16(IW)	
			F0705					T15(RC)	T17(RC)				T14(GC)						T17(GC)	
			F0706					T14(CC)	T09(CC)		T07(IW)	T10(IW)								

			F0718			T07(AL)	T10(AL)			T08(CCK)	T11(CCK)	T15(CCK)							
			F0719			T08(RC)	T11(CC)			T09(GC)									
10	7-9/11	POCT skills assessment	F0703						T16(AL)										
			F0705					T15(RC)	T17(RC)										
		Consolidation	F0706					T14(CC)	T09(CC)										
			F0718					T07(AL)	T10(AL)										
			F0719			T08(RC)	T11(CC)												
11	14-16/11	Oral care Perineal swabbing Changing of napkin Bed bath	F0703						T16(IW)									T16(AL)	
			F0705					T15(CCK)	T17(CCK)				T14(CC)				T17(CC)		
			F0706					T14(GC)	T09(GC)	T07(AL)	T10(AL)								
			F0718					T07(IW)	T10(IW)			T08(RC)	T11(RC)	T15(RC)					
			F0719			T08(CCK)	T11(GC)			T09(CC)									
12	21-23/11	Oral care Perineal swabbing Changing of napkin Bed bath	F0703						T16(KS)									T16(RT)	
			F0705					T15(CKM)	T17(CKM)				T14(LKY)				T17(LKY)		
			F0706					T14(LSP)	T09(LSP)	T07(RT)	T10(RT)								
		Hot & Cold therapies	F0718					T07(KS)	T10(KS)			T08(ML)	T11(ML)	T15(ML)					
F0719						T08(CKM)	T11(LSP)			T09(LKY)									
13	28-30/11	Hot & Cold therapies Consolidation	F0703						T16(RT)									T16(KS)	
			F0705					T15(ML)	T17(ML)				T14(LSP)				T17(LSP)		
			F0706					T14(LKY)	T09(LKY)	T07(KS)	T10(KS)								
		Revision	F0718					T07(RT)	T10(RT)			T08(CKM)	T11(CKM)	T15(CKM)					
F0719						T08(ML)	T11(LKY)			T09(LSP)									
14	4-5/12	Practical Exam I	TBC	4/12-5/12 (Whole Day)															

**Responsible teachers for Lectures, Demo, SPS in Autumn Term:**

	<b>Name of teachers</b>	<b>Initial</b>
<b>1</b>	<b>Alex So</b>	<b>AS</b>
<b>2</b>	<b>Amy Lee</b>	<b>AL</b>
<b>3</b>	<b>Carmen Choi</b>	<b>CKM</b>
<b>4</b>	<b>Carol Leung</b>	<b>LKY</b>
<b>5</b>	<b>Chan Chi Keung</b>	<b>CCK</b>
<b>6</b>	<b>Claudia Chan</b>	<b>CC</b>
<b>7</b>	<b>Corina Lau</b>	<b>CL</b>
<b>8</b>	<b>Danny Hung</b>	<b>DH</b>
<b>9</b>	<b>Gladys Chan</b>	<b>GC</b>
<b>10</b>	<b>Irene Wong</b>	<b>IW</b>
<b>11</b>	<b>Katya So</b>	<b>KS</b>
<b>12</b>	<b>Lee Shang</b>	<b>LS</b>
<b>13</b>	<b>Leung Yuen Shan</b>	<b>LYS</b>
<b>14</b>	<b>Mandy Yu</b>	<b>MY</b>
<b>15</b>	<b>Mina Lau</b>	<b>ML</b>
<b>16</b>	<b>Rachel Cheung</b>	<b>RC</b>
<b>17</b>	<b>Renee Tsui</b>	<b>RT</b>
<b>18</b>	<b>Susan Law</b>	<b>LSP</b>