

Bachelor of Nursing with Honours in General Health Care
Bachelor of Nursing with Honours in Mental Health Care

NURS N103 F Fundamental Nursing Practice (2023/2024)

Timetable (Autumn Term)

Class A (L01)

Course Coordinator: Irene Wong

Time: Mon: 1400-1600 & Tue: 0900-1100

Venue: F0401, A101, C519 in HKMU (C519 will use broadcasting in case full house in A101)

Tutorial Group: T01-T06, T12, T13, T18

Class A (T01-T6, T12, T13, T18)

Wk	Date/Time	Topic	Lecturer	Venue	Remarks
1	4/9 (Mon) 1400-1600	Professional Nursing / Health Care Environment	Irene	F401	
1	5/9 (Tue) 0900-1100	Principles of Bed making	Irene	A101 C519(DH*)	
2	11/9 (Mon) 1400-1600	Principle of Recording and Reporting Vital Signs (1)	Claudia	F401	

2	12/9 (Tue) 0900-1100	Vital Signs (1)	Claudia	A101 C519(LS*)	
3	18/9 (Mon) 1400-1600	Vital Signs (2)	Claudia	F401	
3	19/9 (Tue) 0900-1100	Vital Signs (2)	Claudia	A101 C519(LYS*)	
4	25/9 (Mon) 1400-1600	Nutritional Management (1)	Irene	F401	
4	26/9 (Tue) 0900-1100	Nutritional Management (1)	Irene	A101 C519(CL*)	
5	2/10 (Mon)				PH
5	3/10 (Tue) 0900-1100	Nutritional Management (2)	Irene	A101 C519(DH*)	
5	7/10 (Sat) (1000-1200) TBE	Nutritional Management (2)	Irene	TBC	Make up Class
6	9/10 (Mon) 1400-1600	Respiratory Care (1)	Amy	F401	
6	10/10 (Tue) 0900-1100	Respiratory Care (1)	Amy	A101 C519(MY*)	
7	16/10 (Mon) 1400-1600	Respiratory Care (2)	Amy	F401	
7	17/10 (Tue) 0900-1100	Respiratory Care (2)	Amy	A101 C519(CCK*)	

8	23/10 (Mon)				PH
8	24/10 (Tue) 0900-1100	Specimen collection, POCT	Irene	A101 C519(CCK*)	
8	28/10 (Sat) (1000-1200) TBE	Specimen collection, POCT	Irene	TBC	Make up Class
9	30/10 (Mon) 1400-1600	Body Mechanics & Positioning	Amy	F401	
9	31/10 (Tue) 0900-1100	Body Mechanics & Positioning	Amy	A101 C519(RC*)	
10	6/11 (Mon) 1400-1600	POCT Assessment Briefing PEI, Test	Amy	F401	Written assessment (POCT), Time: 14:15 - 14:45, Class continue after assessment
10	7/11 (Tue) 0900-1100	Consolidation	Irene	A101 C519(CCK*)	
11	13/11 (Mon) 1400-1600	Test (14:15-15:15)	ALL	F401 + TBC	Enter test venue at 14:00
11	14/11 (Tue) 0900-1100	Comfort and Personal Hygiene	Claudia	A101 C519(RC*)	
12	20/11 (Mon) 1400-1600	Hot/Cold Therapy / Comfort and Personal Hygiene	Claudia	F401	
12	21/11 (Tue) 0900-1100	Hot/Cold Therapy	Amy	A101 C519(ML*)	

13	27/11 (Mon) 1400-1600	Rest & sleep	Claudia	F401	
13	28/11 (Tue) 0900-1100	Rest & sleep	Claudia	A101 C519(RT*)	

***: Teacher responsible to play the broadcasting and handle attendance issue**

Demonstration in **Green**, Supervised Practice Session (SPS) in **violet**

Wk	Date	Topics	Venue	Tuesday				Wednesday				Thursday				Friday					
				0900-1100	1100-1300	1400-1600	1600-1800	0900-1100	1100-1300	1400-1600	1600-1800	0900-1100	1100-1300	1400-1600	1600-1800	0900-1100	1100-1300	1400-1600	1600-1800		
1	5-7/9	Orientation to lab environment Introduction to bed unit Bed making	F0703			T01(DH)	T04(DH)	T12(DH)			T01(KS)	T04(KS)	T03(KS)								
			F0705			T02(LS)	T05(LS)			T02(CL)	T05(CL)										
			F0706			T03(LYS)	T06(LYS)							T13(LSP)	T18(LSP)						
			F0718					T13(LS)													
			F0719					T18(LYS)					T06(LSP)	T12(CL)							
2	12-14/9	Vital signs monitoring (1)	F0703			T01(AS)	T04(AS)	T12(AS)			T01(DH)	T04(DH)	T03(DH)								
			F0705			T02(CL)	T05(CL)			T02(LS)	T05(LS)										
			F0706			T03(LSP)	T06(LSP)							T13(LYS)	T18(LYS)						
			F0718					T13(CL)													
			F0719					T18(LSP)					T06(LYS)	T12(LS)							
3	19-21/9	Vital signs monitoring (2)	F0703			T01(DH)	T04(DH)	T12(DH)			T01(AS)	T04(AS)	T03(AS)								
			F0705			T02(LS)	T05(LS)			T02(CL)	T05(CL)										
			F0706			T03(LYS)	T06(LYS)							T13(LSP)	T18(LSP)						
			F0718					T13(LS)													
			F0719					T18(LYS)					T06(LSP)	T12(CL)							
4	26-28/9	NG tube insertion	F0703			T01(AS)	T04(AS)	T12(AS)			T01(DH)	T04(DH)	T03(DH)								
			F0705			T02(CL)	T05(CL)			T02(LS)	T05(LS)										
			F0706			T03(MY)	T06(MY)							T13(LYS)	T18(LYS)						
			F0718					T13(CL)													
			F0719					T18(MY)					T06(LYS)	T12(LS)							

5	3-5/10	NG tube feeding & aspiration Removal of NG Tube Feeding pump and equipment	F0703			T01(DH)	T04(DH)	T12(DH)		T01(AS)	T04(AS)	T03(AS)							
			F0705			T02(LS)	T05(LS)			T02(CL)	T05(CL)								
			F0706			T03(LYS)	T06(LYS)					T13(MY)	T18(MY)						
			F0718					T13(LS)											
			F0719					T18(LYS)			T06(MY)	T12(CL)							
6	10-12/10	Breathing & coughing exercise PFR/ Use of MDI	F0703			T01(AS)	T04(AS)	T12(AS)		T01(DH)	T04(DH)	T03(DH)							
			F0705			T02(CL)	T05(CL)			T02(LS)	T05(LS)								
			F0706			T03(MY)	T06(MY)					T13(LYS)	T18(LYS)						
			F0718					T13(CL)											
			F0719					T18(MY)			T06(LYS)	T12(LS)							
7	17-19/10	O2 delivery Devices /Airways	F0703			T01(IW)	T04(IW)	T12(IW)		T01(AL)	T04(AL)	T03(AL)							
			F0705			T02(CCK)	T05(CCK)			T02(RC)	T05(RC)								
			F0706			T03(GC)	T06(GC)					T13(CC)	T18(CC)						
			F0718					T13(CCK)											
			F0719					T18(GC)			T06(CC)	T12(RC)							
8	24-26/10	Specimen collection POCT Revision	F0703			T01(AL)	T04(AL)	T12(AL)											
			F0705			T02(RC)	T05(RC)												
			F0706			T03(CC)	T06(CC)												
			F0718					T13(RC)											
			F0719					T18(CC)											
9	31/10-2/11	Common positions in bed Patient transfer Use of safety vest & Limb holders	F0703			T01(IW)	T04(IW)	T12(IW)		T01(AL)	T04(AL)	T03(AL)							
			F0705			T02(CCK)	T05(CCK)			T02(RC)	T05(RC)								
			F0706			T03(GC)	T06(GC)					T13(CC)	T18(CC)						
			F0718					T13(CCK)											

			F0719					T18(GC)			T06(CC)	T12(RC)								
10	7-9/11	POCT skills assessment	F0703			T01(IW)	T04(IW)	T12(IW)												
			F0705			T02(CCK)	T05(CCK)													
		Consolidation	F0706			T03(GC)	T06(GC)													
			F0718					T13(CCK)												
			F0719					T18(GC)												
11	14-16/11	Oral care Perineal swabbing Changing of napkin Bed bath	F0703			T01(AL)	T04(AL)	T12(AL)		T01(IW)	T04(IW)	T03(IW)								
			F0705			T02(RC)	T05(RC)		T02(CCK)	T05(CCK)										
			F0706			T03(CC)	T06(CC)						T13(GC)	T18(GC)						
		Hot & Cold therapies	F0718					T13(RC)												
			F0719					T18(CC)				T06(NL8)	T12(CCK)							
12	21-23/11	Oral care Perineal swabbing Changing of napkin Bed bath	F0703			T01(RT)	T04(RT)	T12(RT)		T01(KS)	T04(KS)	T03(KS)								
			F0705			T02(ML)	T05(ML)		T02(CKM)	T05(CKM)										
			F0706			T03(LKY)	T06(LKY)						T13(LSP)	T18(LSP)						
		Hot & Cold therapies	F0718					T13(ML)												
			F0719					T18(LKY)				T06(LSP)	T12(CKM)							
13	28-30/11	Hot & Cold therapies	F0703			T01(KS)	T04(KS)	T12(KS)		T01(RT)	T04(RT)	T03(RT)								
			F0705			T02(CKM)	T05(CKM)		T02(ML)	T05(ML)										
		Consolidation	F0706			T03(LSP)	T06(LSP)						T13(LKY)	T18(LKY)						
			Revision	F0718					T13(CKM)											
				F0719					T18(LSP)				T06(LKY)	T12(ML)						
14	4-5/12	Practical Exam I	TBC	4/12-5/12 (Whole Day)																

Responsible teachers for Lectures, Demo, SPS in Autumn Term:

	Name of teachers	Initial
1	Alex So	AS
2	Amy Lee	AL
3	Carmen Choi	CKM
4	Carol Leung	LKY
5	Chan Chi Keung	CCK
6	Claudia Chan	CC
7	Corina Lau	CL
8	Danny Hung	DH
9	Gladys Chan	GC
10	Irene Wong	IW
11	Katya So	KS
12	Lee Shang	LS
13	Leung Yuen Shan	LYS
14	Mandy Yu	MY
15	Mina Lau	ML
16	Rachel Cheung	RC
17	Renee Tsui	RT
18	Susan Law	LSP

