

Bachelor of Nursing with Honours in General Health Care
Bachelor of Nursing with Honours in Mental Health Care

NURS N103 F Fundamental Nursing Practice (2022/2023)

Timetable (Autumn Term)

Class B (L02)

Course Coordinator: Amy Lee

Time: 14:00 – 18:00

Venue: F0201, 2/F, IoH, HKMU

Tutorial Group: T09 - T16

Class B (T09-T16): Timetable for Lectures

Wk	Date/Time	Topic	Lecturer	Venue	Remarks
1	7/9 (Wed)	Professional Nursing / Health Care Environment Principles of Bed making	Amy Lee	F0201	
2	14/9 (Wed)	Principle of Recording and Reporting Vital Signs (1)	Amy Lee	F0201	
3	21/9 (Wed)	Vital Signs (2)	Amy Lee	F0201	
4	28/9 (Wed)	Nutritional Management (1)	Amy Lee	F0201	
5	5/10 (Wed)	Nutritional Management (2)	Amy Lee	F0201	

6	12/10 (Wed)	Comfort & Personal Hygiene	Amy Lee	F0201	
7	19/10 (Wed)	Respiratory Care (1)	Amy Lee	F0201	
8	26/10 (Wed)	Respiratory Care (2)	Amy Lee	F0201	
9	2/11 (Wed)	Specimen collection, POCT	Amy Lee	F0201	
10	9/11 (Wed)	Hot and cold therapies / Consolidation	Amy Lee	F0201	
11	16/11 (Wed)	Body Mechanics & Positioning	Amy Lee	F0201	
12	25/11 (Fri) AM	Test & POCT	Amy Lee	TBC	
13	30/11 (Wed)	Rest & sleep	Amy Lee	F0201	

Class B: T9-T16				Demonstration in Green, Supervised Practice Session (SPS) in violet													
wk	Date	Topics	Venue	Monday				Tuesday				Wednesday				Thur	Fri
				0900 -1100	1100 - 1300	1400- 1600	1600- 1800	0900 - 1100	1100- 1300	1400- 1600	1600- 1800	0900 -1100	1100 -1300	1400- 1600	1600- 1800	0800- 1200	0800- 1200
2	13, 14, 15, 16 Sept	<ul style="list-style-type: none"> Orientation to lab environment Introduction to bed unit Bed making 	F0705 F0706 F0718 F0719	PH				T9 (MW) T12(AL)	T10(MW) T13(AL)			T11 (MW)	T14 (AL)			T15 (MW): 0900-1100 F0706	T16(MW): 0900-1100 F0705
3	19-21 Sept	Vital signs monitoring (1)	F0705 F0706 F0718 F0719	T15 (MW)	T16(MW)			T9 (MW) T12(AL)	T10(MW) T13(AL)			T11 (MW)	T14 (AL)				
4	26-28	Vital signs	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14				

	Sept	monitoring (2)	F0706	(MW)				T12(AL)	T13(AL)			(MW)	(AL)				
			F0718	T11	T14(DC)			T15(DC)	T9(DC)			T10(RC)	T13(RC)				
			F0719	(DC)				T16(RC)	T12(RC)								
5	3, 5, 6, 7 Oct	<ul style="list-style-type: none"> NG tube insertion Checking placement 	F0705	T15	T16(MW)			PH				T11	T14			T9 (MW),	T13 (MW)
			F0706	(MW)								(MW)	(AL)			T12 (AL):	0900-1100
			F0718									T10					
			F0719									(AL,					
												F0706					
6	10-12 Oct	<ul style="list-style-type: none"> NG tube feeding & aspiration Removal of NG Tube Feeding pump and equipment 	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14				
			F0706	(MW)				T12(AL)	T13(AL)			(MW)	(AL)				
			F0718	T11	T14(DC)			T15(DC)	T9(DC)			T10(RC)	T13(RC)				
			F0719	(DC)				T16(RC)	T12(RC)								
7	17-19 Oct	<ul style="list-style-type: none"> Oral care Perineal swabbing Changing of napkin Bed bath 	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14				
			F0706	(MW)				T12(AL)	T13(AL)			(MW)	(AL)				
			F0718	T11	T14(DC)			T15(DC)	T9(DC)			T10(RC)	T13(RC)				
			F0719	(DC)				T16(RC)	T12(RC)								
8	24-26 Oct	<ul style="list-style-type: none"> Breathing & coughing exercise PFR/ Use of MDI 	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14				
			F0706	(MW)				T12(AL)	T13(AL)			(MW)	(AL)				
			F0718	T11	T14(DC)			T15(DC)	T9(DC)			T10(RC)	T13(RC)				
			F0719	(DC)				T16(RC)	T12(RC)								
9	31 Oct – 2 Nov	<ul style="list-style-type: none"> O2 delivery system /Airways 	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14				
			F0706	(MW)				T12(AL)	T13(AL)			(MW)	(AL)				
			F0718	T11	T14(DC)			T15(DC)	T9(DC)			T10(RC)	T13(RC)				
			F0719	(DC)				T16(RC)	T12(RC)								
10	7-9 Nov	<ul style="list-style-type: none"> Specimen collection POCT Revision 	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14				
			F0706	(MW)				T12(AL)	T13(AL)			(MW)	(AL)				
			F0718	T11	T14(DC)			T15(DC)	T9(DC)			T10(RC)	T13(RC)				
			F0719	(DC)				T16(RC)	T12(RC)								
11	14 -16 Nov	<ul style="list-style-type: none"> Hot & Cold therapies Revision 	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14				
			F0706	(MW)				T12(AL)	T13(AL)			(MW)	(AL)				
			F0718														
			F0719														

12	21-23 Nov	<ul style="list-style-type: none"> • Common positions in bed • Patient transfer • Use of safety vest & Limb holders • Revision 	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14						
			F0706	(MW)			T12(AL)	T13(AL)			(MW)	(AL)							
			F0718	T11	T14(DC)			T15(DC)	T9(DC)			T10(RC)	T13(RC)						
			F0719	(DC)			T16(RC)	T12(RC)											
13	28-30 Nov	Revision	F0705	T15	T16(MW)			T9 (MW)	T10(MW)			T11	T14						
			F0706	(MW)			T12(AL)	T13(AL)			(MW)	(AL)							
			F0718	T11	T14(DC)			T15(DC)	T9(DC)			T10(RC)	T13(RC)						
			F0719	(DC)			T16(RC)	T12(RC)											
14	5-6 Dec	(Monday, Tuesday – Whole day) Practical Exam I (TBC)																	

Responsible teachers		Tutorial groups	
AL:	Amy Lee	Demo	T12, T13, T14
MW:	Mirada Wong	Demo	T9, T10, T11, T15, T16
DC:	Debby Chui	SPS	T9, T11, T14, T15
RC:	Rachel Cheung	SPS	T10, T12, T13, T16