

**Bachelor of Nursing with Honours in General Health Care**  
**Bachelor of Nursing with Honours in Mental Health Care**

**NURS N103 F Fundamental Nursing Practice (2022/2023)**

**Timetable (Autumn Term)**

**Class A (L01)**

**Course Coordinator:** Irene Wong  
**Time:** 09:00 – 13:00  
**Venue:** F0201, 2/F, IoH, HKMU  
**Tutorial Group:** T01 – T08

**Class A (T01-T08): Timetable for Lectures**

Wk	Date/Time	Topic	Lecturer	Venue	Remarks
1	6/9 (Tue)	Professional Nursing / Health Care Environment Principles of Bed making	Irene Wong	F0201	
2	13/9 (Tue)	Principle of Recording and Reporting Vital Signs (1)	Irene Wong	F0201	
3	20/9 (Tue)	Vital Signs (2)	Irene Wong	F0201	
4	27/9 (Tue)	Nutritional Management (1)	Irene Wong	F0201	
5	6/10 (Thur)	Nutritional Management (2)	Irene Wong	TBC	

	<b>8:30am – 12N</b>				
6	11/10 (Tue)	Comfort & Personal Hygiene	Irene Wong	F0201	
7	18/10 (Tue)	Respiratory Care (1)	Irene Wong	F0201	
8	25/10 (Tue)	Respiratory Care (2)	Irene Wong	F0201	
9	1/11 (Tue)	Specimen collection / POCT	Irene Wong	F0201	
10	8/11 (Tue)	Hot and cold therapies / Consolidation	Irene Wong	F0201	
11	15/11 (Tue)	Body Mechanics & Positioning	Irene Wong	F0201	
12	<b>25/11 (Fri) AM</b>	Test & POCT assessment	Irene Wong	<b>TBC</b>	
13	29/11 (Tue)	Rest & sleep	Irene Wong	F0201	

Class A: T1 – T8				Demonstration in <b>Green</b> , Supervised Practice Session (SPS) in <b>violet</b>													
wk	Date	Topics	Venue	Monday				Tuesday				Wednesday				Thur	Fri
				0900-1100	1100-1300	1400-1600	1600-1800	0900-1100	1100-1300	1400-1600	1600-1800	0900-1100	1100-1300	1400-1600	1600-1800	0800-1200	0800-1200
2	<b>13-15</b> Sept	<ul style="list-style-type: none"> <li>Orientation to lab environment</li> <li>Introduction to bed unit</li> <li>Bed making</li> </ul>	F0705 F0706  F0718 F0719	PH						T1 (CC)	T2 (IW) T8 (CC)			T4 (IW) T6 (CC)	T5 (IW) T7 (CC)	T3 (0900-1100) (CC) F705	
3	19-21 Sept	Vital signs monitoring (1)	F0705 F0706  F0718 F0719			T3 (CC)	T8 (CC)			T1 (CC)	T2 (IW)			T4 (IW) T6 (CC)	T5 (IW) T7 (CC)		
4	26-28 Sept	Vital signs monitoring (2)	F0705 F0706			T3 (CC)	T8 (CC)			T1 (CC)	T2 (IW)			T4 (IW) T6	T5 (IW) T7		



			F0718 F0719			T5 (LW)	T7 (LW)			T3 (DL)	T8 (DL)			T1 (DL) T2 (LW)	T4 (DL) T6 (LW)		
11	14 -16 Nov	<ul style="list-style-type: none"> <li>Hot &amp; Cold therapies</li> <li>Revision</li> </ul>	F0705 F0706			T3 (CC)	T8 (CC)			T1 (CC)	T2 (IW)			T4 (IW) T6 (CC)	T5 (IW) T7 (CC)		
			F0718 F0719														
12	21-23 Nov	<ul style="list-style-type: none"> <li>Common positions in bed</li> <li>Patient transfer</li> <li>Use of safety vest &amp; Limb holders</li> </ul>	F0705 F0706			T3 (CC)	T8 (CC)			T1 (CC)	T2 (IW)			T4 (IW) T6 (CC)	T5 (IW) T7 (CC)		
		<ul style="list-style-type: none"> <li>Revision</li> </ul>	F0718 F0719			T5 (LW)	T7 (LW)			T3 (DL)	T8 (DL)			T1 (DL) T2 (LW)	T4 (DL) T6 (LW)		
13	28-30 Nov	<ul style="list-style-type: none"> <li>Revision</li> </ul>	F0705 F0706			T3 (CC)	T8 (CC)			T1 (CC)	T2 (IW)			T4 (IW) T6 (CC)	T5 (IW) T7 (CC)		
			F0718 F0719			T5 (LW)	T7 (LW)			T3 (DL)	T8 (DL)			T1 (DL) T2 (LW)	T4 (DL) T6 (LW)		
14	5-6 Dec	(Monday, Tuesday – Whole day) Practical Exam I (TBC)															

Responsible teachers		Tutorial groups	
IW:	Irene Wong	Demo	T2, T4, T5
CC:	Cyrus Cheung	Demo	T1, T3, T6, T7, T8
LW:	Lokki Wong	SPS	T2, T5, T6, T7
DL:	Dave Lam	SPS	T1, T3, T4, T8