

**Bachelor of Nursing with Honours in General Health Care**  
**Bachelor of Nursing with Honours in Mental Health Care**

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|---------------------------|------------------------------|--------------------|
| <b>Course Code</b>        | NURS N103F                   |                    |
| <b>Course Title</b>       | Fundamental Nursing Practice |                    |
| <b>Academic Year</b>      | 2022 – 2023                  |                    |
| <b>Duration</b>           | Autumn & Spring Term         |                    |
| <b>No. of Credits</b>     | 10                           |                    |
| <b>Course Coordinator</b> | <b>Contact Number</b>        | <b>Email</b>       |
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**Course Aim:**

NURS N103F Fundamental Nursing Practice is one of the core courses of the Bachelor of Nursing with Honors in General Health Care and the Bachelor of Nursing with Honors in Mental Health Care. This course aims to equip students with the fundamental knowledge and skills crucial for the provision of basic care to clients with health care needs. This 10 credits course will be conducted over two terms, and the teaching medium will be in English.

**Learning Outcomes:**

Upon completion of the course, students should be able to:

1. describe the professional nursing concept and health care environment;
2. explain the principles of fundamentals of nursing;
3. demonstrate the safe performance of fundamental nursing procedures;
4. give an account of admission and discharge of a patient;
5. describe principles of infection control and perform related skills to prevent cross infections;
6. describe loss, grief and death experienced by patients.

## **Teaching/ Learning Activities:**

Lectures

Laboratory sessions

Supervise practice sessions

## **Course Contents:**

Please refer to the timetable

## **Course Assessment:**

The course assessment component consists of continuous assessments (50%) and examination (50%). To pass the course assessment, students should have 40% of both the overall continuous assessment and examination scores.

### **1. Overall continuous assessment score (OCAS) – 50%**

(A) Practical assessment (35%)

- i. Practical Examination 1 (15%)
- ii. Practical Examination 2 (20%)

(B) Written assessment (15%)

- i. Test (15%)

### **2. Examination (OES) – 50%**

- i. Written examination (50%)

## Textbooks and references

### Textbook:

Taylor, C.R., Lillis, C., LeMone, P. & Lynn, P. (2019). *Fundamentals of nursing: The art and science of person-centred nursing care* (9th ed.). Philadelphia: Lippincott Williams & Wilkins.

### References:

Berman, A., Snyder, S & Frandsen, G. (2020). *Kozier & Erb's fundamentals of nursing: Concepts, process, and practice* (11th ed.). Edinburgh Gate: Pearson Education Limited.

Nettina, S.M. (2019). *Lippincott manual of nursing practice* (11th ed.). Philadelphia: Wolters Kluwer.

Perry, A.G., Potter, P.A., Ostendorf, W., & Laplante, N. (2020). *Clinical nursing skills & techniques* (10<sup>th</sup> ed.). St. Louis: Mosby.

Smith, S.F., Duell, D.J., & Martin, B.C. (2017). *Clinical nursing skills: Basic to advanced skills* (9th ed.). New Jersey: Pearson Education, Inc.

### The following websites are recommended:

- ♦ Centers for Disease Control and Prevention <http://www.cdc.gov>
- ♦ Center for Health Protection <http://www.chp.gov.hk/en/>
- ♦ World Health Organization <http://www.who.int>
- ♦ Department of Health <https://www.dh.gov.hk/english/index.html>
- ♦ Hospital Authority of Hong Kong <http://www.ha.org.hk>
- ♦ Nursing Council of Hong Kong <http://www.nchk.org.hk>