



Co-organizer:



香港都會大學  
護理及健康學院  
Hong Kong Metropolitan University  
School of Nursing and Health Studies

物理治療學系  
Department of Physiotherapy

Course code: P 2302

CPD: Pending

## **Workshop on Mobility & Seating - Starting from MAT Assessment**

Date: 13<sup>th</sup> Mar 2023 (Monday)  
 Time: 09:00 – 17:30  
 Venue: Room F1020 and F1022, 10/F, Block F, Jockey Club Institute of Healthcare, Hong Kong Metropolitan University  
 Speaker: Rachel Fabiniak, PT, DPT  
 Programme:

| Time          | Topic   | Content  |
|---------------|---|--|
| 9.00 - 9.15   | Registration – sign in  |  |
| 9.15 – 10.45  | The Theory behind MAT (Biomechanical Assessment Tool & Physical Evaluation for Seating) | MAT Assessment - R.O.M., Joint Flexibility, Muscle Strength, Skeletal alignment and Postural Assessment.           |
| 10.45 - 11.00 | Break   |  |
| 11.00 – 12.30 | Mobility & Shoulder   | Manual mobility set up & Biomechanics of Propulsion.   |
| 12.30 – 13.45 | Lunch   |  |
| 13.45 – 14.00 | Registration – sign in  |  |
| 14.00 – 16.00 | Fitting the wheelchair like a prosthetic  | Interpretation and translating the assessment data - How, Why & When   |
| 16.00 - 16.15 | Break   |  |
| 16.15 - 17.15 | The Substance and Design of Seating Components - ISO Testing                            | How Seating components impact client's skin and tissue health, posture and alignment as well as functional ability |
| 17.15 – 17.30 | Q&A   |  |

Online application

Target Participants: Physiotherapists only  
 Fee: Free of charge  
 Enquiry: Ms Eva Chan @ Email: [eywchan@hkmu.edu.hk](mailto:eywchan@hkmu.edu.hk)  
 Online application: <https://forms.gle/o8cSMuarCe2C9r69>  
 (Limited quota offered on a first-come, first-served basis)



Deadline of application: 3<sup>rd</sup> Mar 2023

Successful applicants will be confirmed by email on or before 8<sup>th</sup> Mar 2023.

Sponsors:



## Speaker Information



**Rachel Fabiniak, PT, DPT**

Rachel Fabiniak began her studies at The Georgia Institute of Technology, where she graduated with her Bachelor of Science in Biology in 2009. Rachel then went on to receive her Doctorate in Physical Therapy from Emory University in 2013. After receiving her doctorate, Rachel went into clinical practice as a physiotherapist in the Spinal Cord Injury Day Program at Shepherd Center in Atlanta, Ga. Rachel also has experience in community physiotherapy and inpatient rehabilitation. During Rachel's time at Shepherd Center, she developed a passion for seating and mobility which ultimately led to her career with Permobil. Rachel joined on with Permobil in January 2018 and relocated to Sydney, Australia in June 2018 as the clinical education specialist for Australia and New Zealand.