

3-Day Short Course: “Applying Positive Neuroscience in Designing Evidence-Based Mental Health Practice”

About the Course

In this 3-day short course, Dr. Keely A. Muscatell, a social and affective neuroscientist, will discuss what the past 20+ years of brain imaging and psychophysiological research have revealed about how social and emotional processes are represented by the brain and the body, and how we can utilize this knowledge to promote health and well-being. She will discuss both foundational and cutting-edge work in the research areas of positive neuroscience, psychoneuroimmunology, and neuropsychopharmacology to provide attendees with a deeper understanding of how the brain and the body create our emotional experiences, and how attempts to alter affective and physiological states can feed-back to change the brain. Specific talk topics are mentioned below:



7 June, 2018 (18:30-20:30)
“Social and Affective Neuroscience Contributions to Understanding Well-Being”

8 June, 2018 (18:30-20:30)
“Positive Neuroscience: How Interventions Can Change the Brain”

9 June, 2018 (09:30-11:30)
“Beyond the Brain: Bodily Contributions to Mental Health and Well-Being”

Venue :

Research Complex RLB502,
Hong Kong Shue Yan University
10 Wai Tsui Crescent, Braemar Hill,
North Point, Hong Kong

Directions to Venue:

Green Mini-bus Route 25 : Causeway
Bay MTR Station to Braemar Hill
Green Mini-bus Route 49M : Tin Hau
MTR Station to Braemar Hill

Registration:



Keely A. Muscatell, Ph.D

About the Trainer

Dr. Keely A. Muscatell is an assistant professor in the Department of Psychology & Neuroscience and the Lineberger Comprehensive Cancer Center at the University of North Carolina at Chapel Hill. She is the director of the Social Neuroscience and Health Laboratory, where she leads a program of research dedicated pathways by which social experiences influence health and well-being. Her research asks questions such as: How do social support and social stress affect the brain and the body? What role does physiology play in our emotional and social lives? And, how can we utilize brain imaging technology to further our understanding of the social impacts on physical and psychological health? Dr. Muscatell received her BA in Psychology and Spanish from the University of Oregon in 2006, and then completed her PhD in Psychology at UCLA in 2013. She also completed post-doctoral training at the University of California, Berkeley and the University of California, San Francisco, as part of the RWJF Health and Society Scholars Program before joining the faculty at UNC Chapel Hill in 2016.



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Social Work Research and Development Center

Positive Technology and Virtual Reality Laboratory

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