

#Exploration



#Connection



#Inclusion



繁 | January 2023

Dear HKMU Service Alliance Members,

Happy new year everyone, let's say hello to year of the rabbit! It is time to celebrate a new year with new beginnings! In this newsletter, we will start with a good news and 3 service-learning programmes. Please refer to the details below for more information.

## News & Upcoming Events / SAO Programme



**2022**

香港義工獎

HONG KONG VOLUNTEER AWARD



愛心學校  
Caring School

民政及青年事務局與義務工作發展局頒發  
Presented by Home and Youth Affairs Bureau  
and Agency for Volunteer Service

HKMU is awarded with "Caring School 2022" in Hong Kong Volunteer Award by Home and Youth Affairs Bureau and Agency for Volunteer Service in recognition of our contribution to the community in 2021. In 2021, the total number of service hours from SAO's service-learning was 5306, we encourage more students to actively participate in volunteer activities, provide cares

to the disadvantaged groups and make more contributions to the community.

### [Spread The Love - Food Drive in HKMU]

**戶戶「餸」暖**  
**惜食樂享行動**

**Spread The Love**  
**Food Drive in HKMU**

新一年，一起將溫暖傳遞給社會中有需要的人！  
We are now calling for your donation of  
**food & anti-epidemic items to**  
keep underprivileged people warm and  
full in this New Year!

16-19 JAN  
10:00AM - 1:00PM  
2:00PM - 5:00PM  
MAIN CAMPUS  
G/F

**mu** 香港都會大學  
HONG KONG METROPOLITAN UNIVERSITY  
學生事務處  
Student Affairs Office

SAO and Feeding Hong Kong are going to organize the Spread The Love – Food Drive in HKMU at G/F of Main Campus from 16 to 19 January 2023, to collect food, anti-epidemic items, meal coupons and money donation, promote food wise on campus.

All the collected materials will be distributed to underprivileged families on 9 February 2023, we are now recruiting student volunteers to support the Mobile Food Pantry service on that day, join us now! ([Application & Details](#))

## [HKMU Best Buddies Programme - Arts with Intellectual Disability Scheme]



香港都會大學  
HONG KONG  
METROPOLITAN  
UNIVERSITY

學生事務處  
Student Affairs Office



扶康會  
Fu Hong Society



社區發展共享基金  
資助計畫  
為殘疾人士的基金



### 香港最佳老友 • Art to Heart - 智障人士藝術同行計劃

HKMU Best Buddies Programme - Arts with Intellectual Disability Scheme



SAO is now collaborating with Fu Hong Society to recruit students to become the best buddies of people with intellectual disabilities, and to build a long and deep friendship with them.

You and your buddies are encouraged to express yourselves and share your feelings through various expressive art activities. Being a best buddy not only helps the people with intellectual disabilities to build up their self-confidence and broaden their social circle, you can also motivate others and yourselves to make positive changes through expressive arts. ([Application & Details](#))

## [White Cane Programme: Darts Trainings and Competition]



# WHITE CANE PROGRAMME

Become a buddy for visually impaired people to join the darts competition!

### Training Session

[2023]

16, 30 January

13, 20, 27 February

6, 13, 20 March


(Monday)

### Darts Competition

25 March 2023, AM Session (Saturday)

Have you ever imaged that visually impaired people can also play darts? Have you ever wondered how visually impaired people aim the target if they couldn't see the board?





Here is a great opportunity for you to find out the answer! Hong Kong Blind Sports Federation and SAO are going to organize a darts competition on 25 March 2023 (Sat) at HKMU. Therefore we would like to recruit some student volunteers to become the buddy of visually impaired athletes to join the darts competition!


All full-time undergraduate students who are passionate to serve the visually impaired community is welcome to join. Cantonese proficiency is required for this activity.  
[\(Application & Details\)](#)

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## Past Event Review

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### [Life Education Ambassador Programme 2022 / 2023 – Day Camp Training]



Life Education Ambassador Programme 2022 / 2023 – Day Camp Training has been organized in January to equip student leaders with effective communication skills and participate in various experiential learning activities before they provide care and support service to the elderly.

During the day camp training, students learned the basic skills of active listening and how to communicate with the elderly effectively through the group discussions and exercises. In addition, Mr. Chan Pui Hing, a funeral director was also been invited to provide experiential learning activities, such as coffin-lying and posthumous writing experience for students to reflect on their life and respecting death.



**Service-Learning** |



**SHOW ME  
YOUR LOVE**

#### Enquiry

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Student Affairs Office (Experiential and Service Learning)

