

#Exploration



#Connection



#Inclusion



繁 | December 2022

Dear HKMU Service Alliance Members,

December not only brings us Christmas and Examinations, also the coming of new year! Student Affairs Office (SAO) wishes you good health and excel at your studies. In this newsletter, we will recommend 3 service-learning programmes for you to continue your service-learning journey in the upcoming year. Please refer to the details below for more information.

News & Upcoming Events / SAO Programme



香港最佳老友 • Art to Heart - 智障人士藝術同行計劃

HKMU Best Buddies Programme - Arts with Intellectual Disability Scheme



[HKMU Best Buddies Programme - Arts with Intellectual Disability Scheme]

Friends can always help you to find your ways and become your strongest support. However making friends is not an easy task for most people with intellectual disabilities, and lack of communication skills is one of the obstacles they are facing in life. But have you ever thought that a colorful painting can also express your thoughts, even without the use of language?

SAO is now collaborating with Fu Hong Society to recruit students to become the best buddies of people with intellectual disabilities, and to build a long and deep friendship with them.

You and your buddies are encouraged to express yourselves and share your feelings through various expressive art activities. Being a best buddy not only helps the people with intellectual disabilities to build up their self-confidence and broaden their social circle, you can also motivate others and yourselves to make positive changes through expressive arts.

[\(Application & Details\)](#)

[Spread The Love - Food Drive in HKMU]



Spread The Love - Food Drive in HKMU

戶戶「餸」暖 - 惜食樂享行動
惜食樂享義工招募

Join us to collect food & anti-epidemic items on campus to keep underprivileged people warm and full in the coming year!



Items Will Be Collected :

January 2023



Location:

-1/F, Block B
Main Campus, HKMU

Distributed to underprivileged families:

PM, 9 Feb 2023
Lai Chi Kok area



SCAN ME



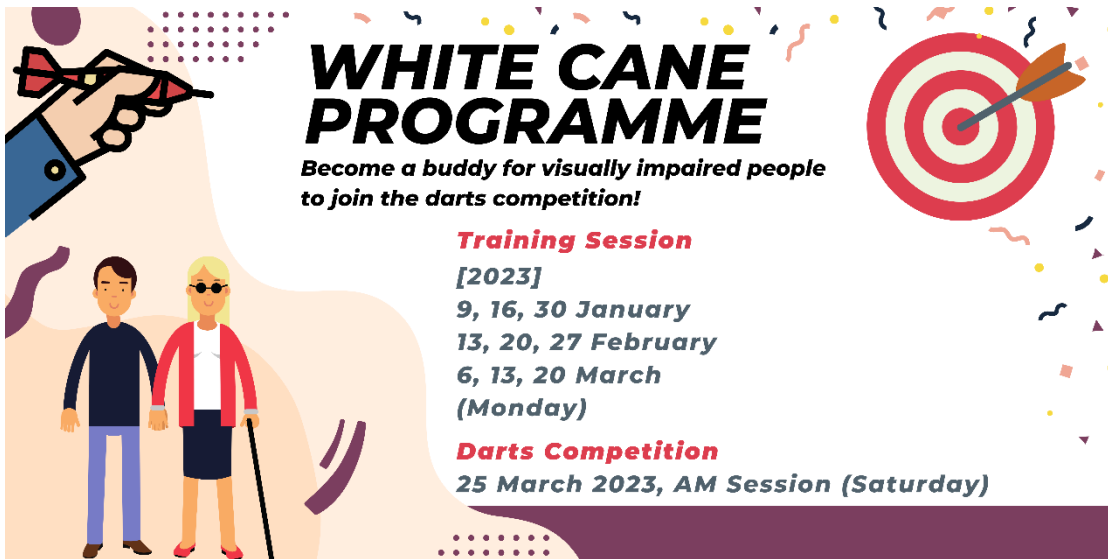
香港城市大學
CITY UNIVERSITY OF HONG KONG
香港中文大學
CHINESE UNIVERSITY OF HONG KONG

Every day, more than 3,200 tonnes of food waste are sent to landfills in Hong Kong, while millions of people go hungry.

As the holiday season is upon us, SAO and Feeding Hong Kong are going to organize the Spread The Love – Food Drive in HKMU from January to February in 2023, to collect food and anti-epidemic items, promote food wise on campus and in the community. We are now recruiting student volunteers to support the food drive and spread the love together.

Join us to keep underprivileged people warm and full in the coming year!

[\(Application & Details\)](#)

A graphic for the White Cane Programme. On the left, a hand in a blue sleeve holds a white cane. Below it, a man and a woman are walking; the woman is wearing sunglasses and using a white cane. On the right, a target with an arrow in the bullseye is shown. The text reads: **WHITE CANE PROGRAMME**
Become a buddy for visually impaired people to join the darts competition!
Training Session [2023]
9, 16, 30 January
13, 20, 27 February
6, 13, 20 March (Monday)
Darts Competition
25 March 2023, AM Session (Saturday)

[White Cane Programme: Darts Trainings and Competition]

Have you ever imagined that visually impaired people can also play darts? Have you ever wondered how visually impaired people aim the target if they couldn't see the board? Here is a great opportunity for you to find out the answer! Hong Kong Blind Sports Federation and SAO are going to organize a darts competition on 25 March 2023 (Sat) at HKMU. Therefore we would like to recruit some student volunteers to become the buddy of visually impaired athletes to join the darts competition!

All full-time undergraduate students who are passionate to serve the visually impaired community is welcome to join. Cantonese proficiency is required for this activity.

[\(Application & Details\)](#)

Past Event Review

["Westventure" Reality Puzzle Game]



In order to provide students with a deeper understanding on community culture and poverty issues, SAO has organized "Westventure" Reality Puzzle Game in November, allowing the students to learn about the reality of poverty through a fun outdoor puzzle game! During the game, students became the protagonists of the story.

They solved a series of puzzle through careful observation and team cooperation. In addition to the fun experience, students also witnessed the real poverty situation in community, and experienced the culture of Central and Western District, which bringing them a profound and unique learning experience.

[\(Details\)](#)

[Tseung Kwan O Cemetery Guided Tour]



Tseung Kwan O Cemetery Guided Tour has been organized in December, and this tour is one of the activities of "Life Education Ambassador Programme 2022/2023".

In addition, SAO is now recruiting students who are interested in life education and willing to serve the elderly, to participate in the life-education ambassador programme (Final-round recruitment). Become our ambassadors to collaborate with different stakeholders, promote life education to the general public, and make a positive impact. Come and join us now!

[\(Application & Details\)](#)



Service-Learning |



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