



董愛麗女士 Ms Gigi TUNG Oi-lai

董愛麗女士是註冊慈善機構「小寶慈善基金」有限公司創辦人，推出惜食堂食物回收及援助計劃，致力紓解飢餓和貧窮問題。

董女士於1991年在加拿大西安大略大學取得經濟學學士學位，畢業後加入金融證券公司，其後轉職零售業，為專心照顧兩個女兒而停止全職工作。2010年，董女士看到一些婆婆在街上收集廢紙皮的相片，觸發她思考這種事情為何在香港這樣繁華的社會仍然發生。她注意到香港約有30萬長者生活貧困，三餐不得溫飽，然而浪費的食物數量卻令人震驚。憐憫的心促使她創立「小寶慈善基金」，並於2011年發起惜食堂計劃。

惜食堂開辦初期只有兩名員工，每天送出20個飯盒。經過董女士和其團隊的不懈努力，規模逐漸擴展，目前已有300多名全職及兼職員工，每天約有200名義工協助提供服務。惜食堂每週向本地飲食界回收45噸仍可食用的剩餘食物，根據嚴格的食物安檢程序，每天烹煮逾20,000份營養均衡的熱餐及逾11,000份其他膳食和食物包，通過惜食堂營運於各區的服務點及其他慈善團體，免費分發予有需要的長者和基層家庭及兒童。

董女士同時推行各種社會服務及教育項目，以實踐惜食堂「停止浪費·解決飢餓·以愛相連」的使命。社會服務方面，位於深水埗的惜食堂社區中心為有需要人士提供熱餐，透過日間照顧

Ms Gigi Tung Oi-lai, founder of Bo Charity Foundation Limited, a registered charitable organisation that launched the Food Angel food rescue and assistance programme, has worked unrelentingly to reduce hunger and poverty.

Ms Tung received a Bachelor's degree in Economics from the University of Western Ontario in 1991. She joined a financial securities company after graduation and then switched to retail before stopping full-time work to bring up two daughters. In 2010, Ms Tung saw some photos of older ladies collecting discarded cardboard on the streets, which made her wonder why this was still happening in a prosperous society like Hong Kong. She noticed that about 300,000 older adults lived in poverty in Hong Kong without healthy meals, yet the amount of food wasted was shocking. Her compassionate heart led her to set up the Bo Charity Foundation and initiate the Food Angel programme in 2011.

Starting with only two employees, Food Angel initially gave out 20 lunch boxes every day. Today, with the continuous efforts of Ms Tung and her team, Food Angel has gradually expanded to include over 300 full- and part-time staff, with about 200 volunteers helping daily. Food Angel also collects 45 tonnes of edible surplus food a week, which would otherwise be disposed of as waste, from the local food industry. Following strict safety protocols, it produces over 20,000 nutritious hot meals, as well as over 11,000 other meals and food packs, daily, which are distributed through its service points in various districts and other charity groups to older adults in need, as well as grassroots families and children.

Ms Tung also organises various community service and education projects to further Food Angel's mission of "Waste Not, Hunger Not, With Love." The Food Angel Community Centre in Sham Shui Po offers hot meals and warmth to the needy through a day-care service and other activities. The outreach team delivers meals to the homes of older adults with mobility handicaps,

服務及不同活動送暖，而外展團隊則送飯到行動不便的長者家中。惜食堂與地區學校合作，將學校飯堂在課後變成社區飯堂，又在各區設立自助食物提取機，方便居民領取速凍餐及急凍食材包。而教育項目方面，600所學校和超過185,000名學生參加過其「綠惜學堂」環保教育計劃。市民還可親臨全港首創的「粒粒皆辛館」，體驗和了解貧困，學習珍惜食物。

此外，董女士還創辦了「My Gym兒童健身中心」，推出促進體能和心智發展的創新課程，期望小朋友能從小養成運動習慣，透過課程建立自信心、社交能力及健康體魄。

董女士於2016年獲嶺南大學頒授榮譽院士銜，並於2019年獲國泰航空選為「國泰領航者」。

為表揚董愛麗女士對香港之貢獻，現恭請副校監頒授榮譽大學院士榮銜予董愛麗女士。

while school cafés are transformed into community canteens after school with the support of school partners. Automated food dispensers have been set up at various districts for flexible collection of cook-chill meals and frozen ingredient packs by residents. Six hundred schools and over 185,000 students have participated in its Green Angel education programme. Members of the public can tour its Foodstep Journey experience centre – the first of its kind in Hong Kong – to learn about poverty and cherishing food.

Ms Tung also founded the My Gym Children's Fitness Centre to introduce innovative programmes for promoting the physical and psychological development of children. She hopes that children will develop the habit of exercising from an early age to help boost their self-confidence, social skills and physical well-being.

Ms Tung was awarded an Honorary Fellowship by Lingnan University in 2016 and was named a Cathay ChangeMaker by Cathay Pacific in 2019.

In recognition of Ms Gigi Tung Oi-lai's contribution to Hong Kong, may I invite the Pro-Chancellor to present her with the Honorary University Fellowship.